

How is PE taught at Paddox Primary School?



PE Intent

At Paddox, we aspire to provide a rich and engaging PE curriculum that inspires and generates a positive attitude towards health and fitness for life. We believe that physical education improves children's concentration and self-confidence which is weaved through a child's whole school life and beyond, allowing every child to reach their full potential.

Physical Education at Paddox provides opportunities for pupils to be creative, competitive, collaborative and able to tackle different challenges as individuals, in groups and in teams.

Our curriculum is designed to provide a wealth of different sporting, fitness, health and well-being opportunities which are enhanced by our extensive extra-curricular offer.



PE Implementation

PE is taught through two schemes of work, Real PE and Champions. Real PE is an inclusive programme with a holistic approach allowing children to set their own targets and gradually build on core skills; agility, balance and coordination. Champions is also used to allow a focus on key sporting activities such as cricket, football, tag rugby, netball and racket sports.

Children are encouraged to 'boomerang' previous learning through group discussions, individual verbal responses and physical demonstrations. The intended learning 'acquisition' of the lesson is given verbally or presented on the interactive whiteboard. 'Reflections' can take place throughout or at the end of the lesson to allow children the opportunity reinforce what they have learned, share good quality work and consider future learning. Lessons are usually structured to include a warm up, skill development, skill application and cool down. Children in KS2 are expected to develop their leadership skills by guiding a group through a warm up.



PE Implementation

Every child at Paddox, from Reception to Year 6, receives two hours of PE each week. We have a wide range of extra-curricular sports and physical activity clubs throughout the school year. Paddox also takes part in the Marathon Kids programme (please see our website for further information) that allows the children to take part in extra physical activity during the school day.



PE Implementation

We offer a range of opportunities for the children to compete in sporting activities. Every half term, every child takes part in intra-sport days. Other sporting events are available to the children through the Harris School Sports Partnership.

'One off' sporting events also take place such as visits from Olympic athletes and Football Week.



PE Implementation



► PE Implementation



PE Impact

Children's key skills, outlined by the National Curriculum, are assessed, using an assessment tracker, as working below, working at and working above age related expectations. These assessments inform future planning and support of individual children to develop their skills further.

